



SKILLS DEVELOPED **TEAMWORK & LEADERSHIP** **PUBLIC SPEAKING** **PROBLEM SOLVING** **CREATIVITY & INNOVATION** **DECISION MAKING** **RESILIENCE & STAYING POSITIVE** **PLANNING & ORGANISATION** SKILLS DEVELOPED

YEAR 8

- Why is Politics Important?
- How is our Country Run?
- The Role of the Prime Minister
- The Monarchy and King Charles III
- Politics, Debates and Parliament
- Elections and Campaigning
- Creating a Political Party



CITIZENSHIP
BRITISH VALUES

POLITICS & PARLIAMENT

YEAR 7

CORE THEME 1

YEAR 7

CELEBRATING DIFFERENCES

CITIZENSHIP

PSHE

BRITISH VALUES



- What is your Identity?
- Multicultural Britain
- Importance of Being Kind
- Breaking Down Stereotypes
- Learning Disabilities
- Prejudice and Discrimination
- Challenging Islamophobia

CORE THEME 2

- Avoiding Gangs & Criminal Behaviour
- Staying Safe Online
- Online Gaming, Grooming & Addiction
- Alcohol and Risk
- Nicotine and Smoking
- E-Cigs, Vaping and Shisha
- Energy Drinks and Caffeine
- Knife Crime and Safety



STATUTORY HEALTH & RSE

DRUGS EDUCATION

STAYING SAFE ONLINE & OFFLINE

YEAR 7

CORE THEME 4

YEAR 7

FRIENDS, RESPECT & RELATIONSHIPS

STATUTORY HEALTH & RSE

PSHE



- Consent and Boundaries
- Respect and Relationships
- What Makes a Good Friend?
- Friendships & Online Relationships
- Being Positive
- Pressure, Influence and Friends
- What Does it Mean to be a Man Today?

CORE THEME 3

- Introduction to Puberty
- Girls Puberty & Periods (Double Lesson)
- Boys Puberty
- Personal Hygiene
- Growing Up
- Self-Esteem
- Tooth Decay & Dental Health



STATUTORY HEALTH

PSHE

WELLBEING

PUBERTY & BODY DEVELOPMENT

YEAR 7

CORE THEME 5

YEAR 7

MANAGING CHANGE

GATSBY BENCHMARKS - CAREERS -

FINANCIAL EDUCATION

SMSC & CAREERS



- What is PSHE?
- Getting to Know People
- What is a Community?
- Careers and Your Future
- Sleep and Relaxation
- Financial Education
- Transition Points in Your Life

CORE THEME 6

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios





PSHE Learning Journey

Year 8



SKILLS DEVELOPED TEAMWORK & LEADERSHIP PUBLIC SPEAKING PROBLEM SOLVING CREATIVITY & INNOVATION DECISION MAKING RESILIENCE & STAYING POSITIVE PLANNING & ORGANISATION SKILLS DEVELOPED

YEAR 9

Desert Island - Living
Desert Island - Building a Community
Desert Island - Making Decisions
Desert Island - Criminals Law & Society
How are Laws Made?
Prisons, Reform & Punishment



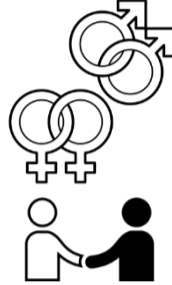
CITIZENSHIP
BRITISH VALUES

LAW, CRIME & SOCIETY

YEAR 8

EQUALITY & DIVERSITY EXPLORED

CITIZENSHIP
PSHE
EQUALITY



Equality Act 2010
LGBTQ+ What is it?
LGBTQ+ Rights Across the World
Gender Equality
Ableism and Disability Discrimination
Removing the Barriers, Equality for All
Racism & Discrimination in Society

YEAR 8

County Lines - What is It?
County Lines - Who is at Risk?
Substance Misuse
Cyberbullying
Online Grooming
Alcohol Safety
Child Exploitation & Online Protection



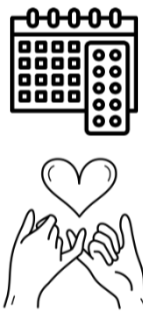
STATUTORY HEALTH & RSE
DRUGS EDUCATION
GANGS

DANGEROUS SOCIETY ONLINE & OFFLINE

YEAR 8

IDENTITY, RELATIONSHIPS & SEX EDUCATION

STATUTORY HEALTH & RSE
PSHE



Relationships and Sex Education
Being Yourself & Self-Love
Healthy Respectful Relationships
What is Love?
Dealing with Conflict
Periods and Menstrual Cycle
Introduction to Contraception
Sexual Orientation

YEAR 8

Health and Wellbeing
What is Mental Health?
Positive Body Image
Child Abuse
Types of Bullying
Healthy Eating and Cholesterol
Stress Management



STATUTORY HEALTH
PSHE
WELLBEING

PHYSICAL HEALTH & MENTAL WELLBEING

YEAR 8

PROUD TO BE ME!

GATSBY BENCHMARKS - CAREERS -
SMSC
CAREERS



Employability & Enterprise Skills
Proud to be Me
Careers and Aspirations
Self-Esteem and the Media
The Importance of Happiness
What Makes Me Angry?
Exploring Careers

YEAR 8

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

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SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

SKILLS DEVELOPED

YEAR 10

- Conspiracies Theories & Narratives
- Forms of Extremism
- What is Terrorism?
- War & Conflict
- The Radicalisation Process
- How Does Counter Terrorism Work?
- Antisemitism in the UK



CITIZENSHIP
PREVENT

COMBATTING
EXTREMISM &
TERRORISM

CORE THEME 1

YEAR
9

YEAR
9

CONTRACEPTION
& STIS

STATUTORY
HEALTH
&
RSE

PSHE



- What are STIs?
- Treating STIs and the Clinic
- Contraception Explored
- Contraception - Condoms
- Contraception Explored Further
- HIV and AIDS
- HIV and AIDS Prejudice and Discrimination

CORE THEME 3

YEAR
9

- What is a Drug?
- Different Types of Addictions
- Cannabis Products
- Drug Classifications
- Party Drugs & Illegal Drugs
- The War on Drugs
- Volatile Substance Abuse



STATUTORY
HEALTH

DRUGS EDUCATION

LEGAL &
ILLEGAL DRUGS

CORE THEME 4

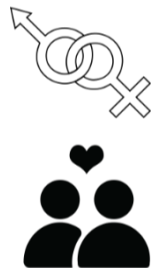
YEAR
9

YEAR
9

SEX, THE LAW &
CONSENT

STATUTORY
HEALTH
&
RSE

PSHE



- Sexual Consent and the Law
- FGM and the Law
- Relationships and Partners
- Domestic Abuse and Domestic Violence
- Why Have Sex?
- Delaying Sexual Activity
- Sexual Harassment and Stalking

CORE THEME 3

YEAR
9

- How Self-Esteem Changes
- What is a Penis?
- What is a Vulva?
- Bullying in all its forms
- Dealing with Grief and Loss
- Media and Airbrushing
- Cancer Prevention and Healthy Lifestyles



STATUTORY
HEALTH

PSHE
WELLBEING

BODY
CONFIDENCE

CORE THEME 5

YEAR
9

YEAR
9

ESSENTIAL LIFE
SKILLS

GATSBY
BENCHMARKS
- CAREERS -

FINANCE

ENTERPRISE & CAREERS



- From Failure to Success
- Assertiveness
- First Aid
- Saving and Managing Money
- Labour Market Information
- Finance, Budgeting and Employment
- Social Media & Online Stress

CORE THEME 6

WELCOME

RSE
COMPLIANT

HEALTH
COMPLIANT

GATSBY
BENCHMARKS

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PSHE Learning Journey Year 10



SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

SKILLS DEVELOPED

YEAR 11

- Critical Thinking & Fake News
- Hate Crime in the UK
- British Values and Identity
- Mutual Respect & Tolerance
- Individual Liberty
- What are Human Rights?
- Democracy Explored



CITIZENSHIP
BRITISH VALUES

EXPLORING
BRITISH VALUES

YEAR
10

EXPLORING
WORLD ISSUES

CITIZENSHIP
PSHE
HUMAN RIGHTS



- International Organisations
- Peace, War & Conflict
- Human Rights During War
- Aid & Supporting Other Countries
- Striking & Trade Unionism
- Women's Rights & Equality
- Fair Trade & Free Trade

- Honour Based Violence
- Forced Marriages and Breast Ironing
- Online Gaming & Gambling
- Social Media Validation
- Modern-Day Slavery
- Keeping Your Data Safe
- Causes of Knife Crime



STATUTORY HEALTH
RISK

VIOLENCE,
CRIMES &
SEEKING SAFETY

YEAR
10

EXPLORING
RELATIONSHIPS &
SEX EDUCATION

STATUTORY HEALTH & RSE
PSHE



- Pleasure and Delaying Sexual Activity
- Campaigning Against FGM
- Sexting, Nudes and Dick Pics
- Online Pornography (Myths vs Reality)
- Porn and its Impact on Society
- Unhealthy Relationships & Sexual Assault
- Sexualisation of the Media

- Child Sexual Abuse
- Screen Time
- Mental Health Illnesses
- Self-Harm
- Suicidal (Thoughts and Feelings)
- Promoting Emotional Wellbeing



STATUTORY HEALTH
PSHE
WELLBEING

MENTAL
HEALTH &
WELLBEING

YEAR
10

RIGHTS AND
RESPONSIBILITIES

Life Beyond School
FINANCIAL EDUCATION
CITIZENSHIP



- Instagram & TikTok Generation
- Targeted Advertising and Your Data
- What is Marriage?
- Rights and Responsibilities
- Consumer Rights
- Employment Rights
- Exploring a Pay Check

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

SPIRAL THEMATIC APPROACH

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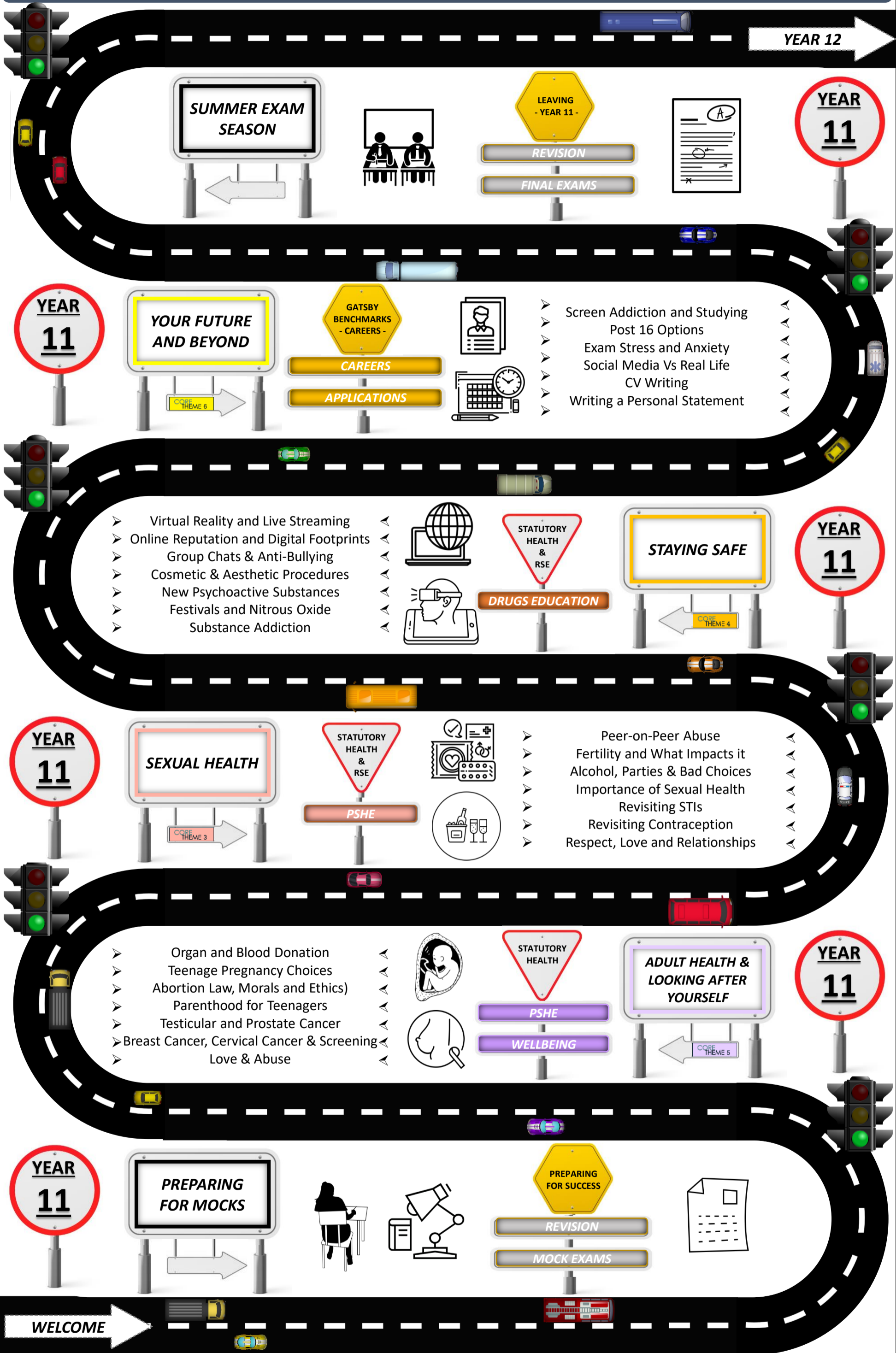


PSHE Learning Journey

Year 11



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HEALTH COMPLIANT
GATSBY BENCHMARKS

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