



SUBJECT CURRICULUM JOURNEY

FURTHER STUDY

CAREER PATHS

SKILLS

A level....

University....

Lifelong love of sport....
Ability to access sport post 16....

Assessment: End of half term assessment
GCSE practical grading

Assessment: End of half term assessment
GCSE practical grading

Half term 4-6

End of GCSEs and KS4

Half term 4-6

Direction to sporting opportunities post 16.
Opportunities for leadership with the department following exams

Half term 4-6

GCSE Practical Pathway
Competitive and Challenged Pathway
Healthy and Creative Pathway

Application to full context version of activity.

Half term 1-3

GCSE Practical Pathway
Competitive and Challenged Pathway
Healthy and Creative Pathway

Application to full context version of activity.

YEAR 11

YEAR 9

Assessment: End of half term assessment

YEAR 10

Assessment: End of half term assessment

Half term 4-6

Cricket or rounders
Athletics and Fitness

Advanced skills of each sport

Half term 1-3

Rugby/Football/Netball/Basketball or Handball
Badminton/Table Tennis
Dance or Trampolineing

Tactical application of all skills

Half term 4-6

Cricket or rounders
Athletics and Fitness

Tactical application of all skills

Half term 1-3

GCSE Practical Pathway
Competitive and Challenged Pathway
Healthy and Creative Pathway

Application to full context version of activity.

Half term 4-6

GCSE Practical Pathway
Competitive and Challenged Pathway
Healthy and Creative Pathway

Application to full context version of activity.

YEAR 8

Assessment: End of half term assessment

Assessment: End of half term assessment
GCSE practical grading

Assessment: End of half term assessment
GCSE practical grading

Half term 1-3

Rugby/Football/Netball/Basketball or Handball
Badminton/Table Tennis
Dance or Trampolineing

Advanced skills of each sport

Half term 4-6

Cricket or rounders
Athletics
OAA

Fundamental skills of each sport

Half term 1-3

Rugby/Netball/Handball
Badminton/Table Tennis
HRE/Dance/Trampolineing

Fundamental skills of each sport

YEAR 7

Assessment: End of half term assessment

Assessment: End of half term assessment

Assessment: End of half term assessment

SUBJECT SKILL

Basic skills

SUBJECT SKILL

Advanced Skills

SUBJECT SKILL

Tactical Application

SUBJECT SKILL

Application to full context version of activity



SUBJECT CURRICULUM JOURNEY

FURTHER STUDY

CAREER PATHS

SKILLS

A level....

• University....

• Critical analysis....

Assessment:

Assessment:

Assessment: Extended Writing on Physical Training, Psychology, Socio-Cultural Issues and Health, Fitness and Well-Being

Assessment: Synoptic Assessment on Anatomy & Physiology, Movement Analysis and Physical Training

Final Assessment

- ❑ Final Paper 1 and Paper 2 exam.
- ❑ Final moderation

Final Exam Practise

- ❑ Exam technique practice
- ❑ Masterclass sessions
- ❑ Walking talking mocks

Extended Writing

- ❑ Command Words
- ❑ Assessment Objectives
- ❑ Structure
- ❑ Annotation
- ❑ Evaluating and Analysing.

Anatomy & Physiology

- ❑ Structure and function of a Synovial Joint.
- ❑ Mechanics of Breathing.
- ❑ Interpreting a Spirometer Trace Graph.
- ❑ EPOC

Assessment: Synoptic Assessment on Psychology and Health, Fitness and Well-Being.

Assessment: EOY Paper 1 and Paper 2.

Assessment: Extended Writing on Psychology

Psychology

- ❑ Skill Continuums
- ❑ Guidance and Feedback
- ❑ Basic Information Processing Model
- ❑ Goal Setting
- ❑ SMART Targets
- ❑ Inverted U Theory
- ❑ Stress Management
- ❑ Personality Types
- ❑ Types of Motivation

Health, Fitness and Well-Being

- ❑ Types of Health.
- ❑ Sedentary Lifestyle
- ❑ Obesity
- ❑ Somatotypes
- ❑ Nutrition
- ❑ Water Balance
- ❑ Energy Balance

Socio-Cultural Issues

- ❑ Engagement Patterns.
- ❑ Golden Triangle
- ❑ Commercialisation
- ❑ Technology
- ❑ Ethics and Deviance
- ❑ Performance Enhancing Drugs (PEDS)
- ❑ Conduct of Players and Spectators.

Movement Analysis

- ❑ Levers
- ❑ Mechanical Advantage
- ❑ Planes
- ❑ Axis
- ❑ NEA Final submission
- ❑ Mock practical moderation

YEAR 11

Assessment: Synoptic Assessment on Psychology, Health, Fitness and Well-Being and Socio-Cultural Issues

Assessment: Extended Writing on Socio-Cultural Issues.

Anatomy & Physiology Cardiorespiratory System

- ❑ Structure and function of blood vessels.
- ❑ Structure and function of the heart.
- ❑ Pathway of air.
- ❑ Gaseous Exchange.

Anatomy & Physiology Musculoskeletal System

- ❑ Functions of the skeleton
- ❑ Bones
- ❑ Muscles
- ❑ Joints
- ❑ Movement types
- ❑ Contractions

Physical Training

- ❑ Components of fitness
- ❑ Fitness tests
- ❑ Types of training
- ❑ Principles of training
- ❑ Warm-up and Cool-Downs
- ❑ Training seasons.

YEAR 10

Assessment: Synoptic Assessment on Anatomy & Physiology and Physical Training.

Assessment: Extended Writing on Physical Training.

Assessment: Synoptic Assessment on Physical Training

SUBJECT SKILL

AO1 Knowledge Understanding / Recall

SUBJECT SKILL

AO2 Application to Sport

SUBJECT SKILL

AO3 Analysis/Evaluation

SUBJECT SKILL

AO4 Practical Sport and Written NEA



A LEVEL PE CURRICULUM JOURNEY

FURTHER STUDY

- Degree level courses

CAREER PATHS

- University, apprenticeships, job roles within Sports Science, PE teaching

SKILLS

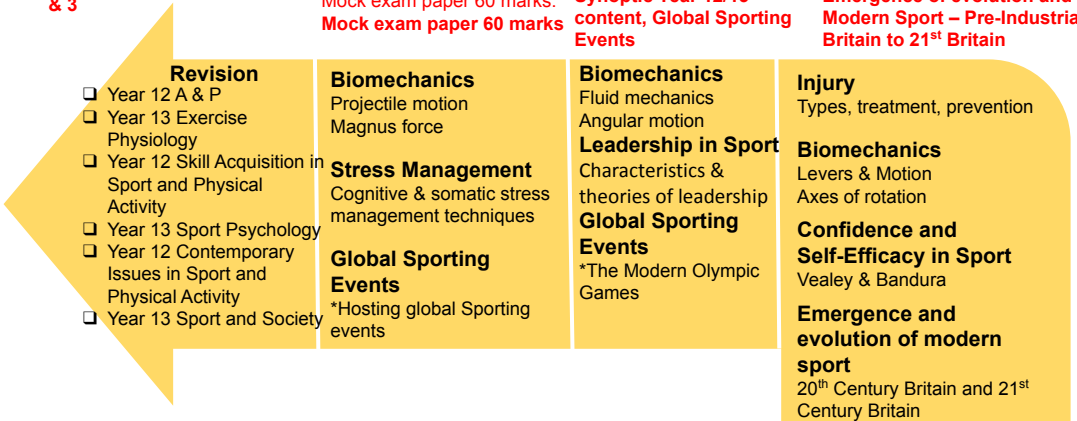
- Critical analysis, oracy, extended essay writing, critical analysis, objective reasoning, interpretation of data

Assessment: Final OCR exam papers 1, 2 & 3

**Assessment: Mock exam paper 90 marks
Mock exam paper 60 marks.
Mock exam paper 60 marks**

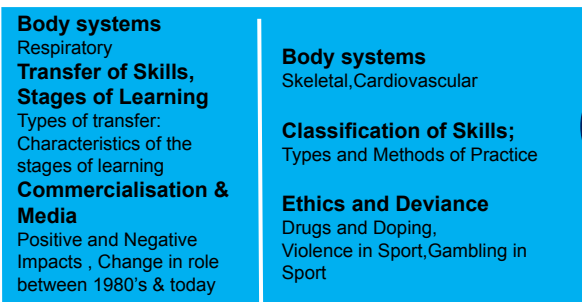
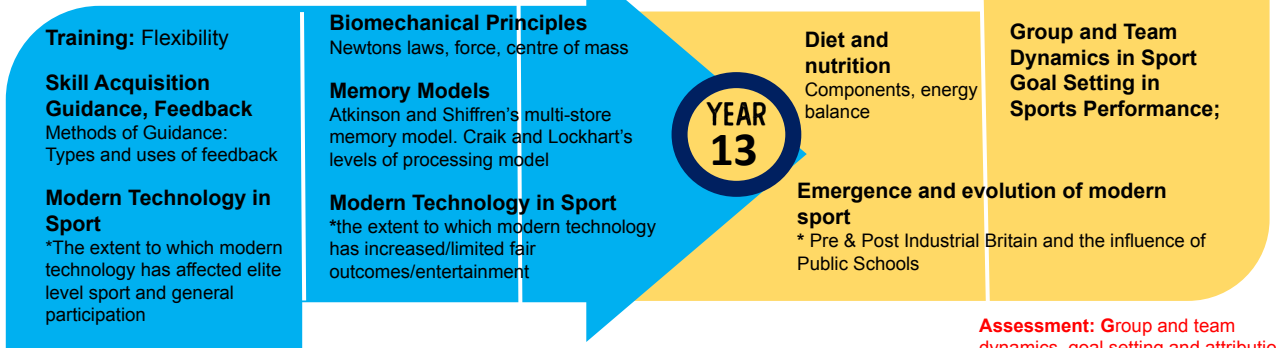
**Assessment: Synoptic Year 12/13 content, levers, linear motion, technology
Synoptic Year 12/13 content, leadership in sport
Synoptic Year 12/13 content, Global Sporting Events**

**Assessment: Synoptic Biomechanical principles, injury
Synoptic of topics to-date; confidence and self-efficacy in sport. Synoptic Emergence of evolution and Modern Sport – Pre-Industrial Britain to 21st Britain**



Assessment: EYE synoptic paper 80 marks. Synoptic paper x 2 60 marks

Assessment: October exam 90 marks, synoptic paper, synoptic paper x 2 60 marks

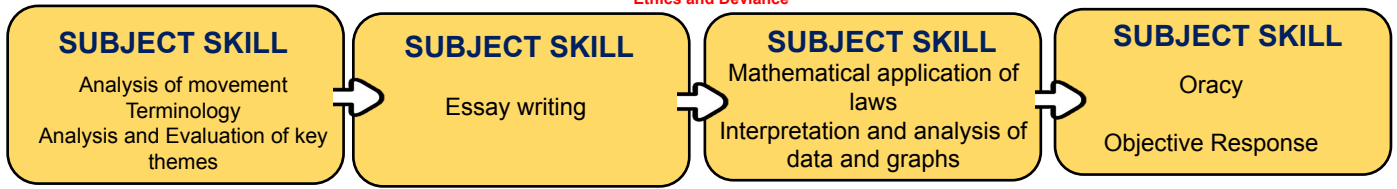


**Assessment: Group and team dynamics, goal setting and attribution
Synoptic Assessment on Emergence and Evolution of Modern Sport – Pre Industrial Britain to Post Industrial Britain including the influence of Public Schools**

**Assessment: body systems, training methods, Synoptic Assessment plus theories of learning
Synoptic Assessment Ethics and Deviance, Commercialisation and Media, and Routes to Sporting Excellence**

**Assessment: Body systems
Synoptic plus transfer of learning; stage of learning
Synoptic Assessment Ethics and Deviance and Commercialisation and Media**

**Assessment: Synoptic Assessment on Body Systems
Classification of skill; practice methods
Synoptic Assessment on Ethics and Deviance**





KS5 BTEC SPORT CURRICULUM JOURNEY

FURTHER STUDY

Degree level courses

CAREER PATHS

• University, apprenticeships

SKILLS

• Critical analysis, oracy, extended essay writing, assignment writing

Assessment: FINAL SUBMISSION
Assignment 2 - Internally Assessed Coursework – Unit 3 & Unit 5

Assessment: Internally Assessed Coursework – Unit 3 & Unit 5

Assessment: FINAL SUBMISSION
Assignment 1 Internally Assessed Coursework – Unit 5

RESIT OPPORTUNITY JUNE
Assessment: Unit 1 External Exam – 1.5 hrs
Unit 2 – External Assessment 2.5 hrs

Unit 3: Professional Development – Assignment 2
Independent write up – ‘Applying for a job in the Sports Industry’

Unit 5: Fitness Testing
Assignment 1:
Independent write up – ‘Fitness profiling’

Unit 3: Professional Development
LD : Reflect on the recruitment and selection process and your individual performance

Unit 5: Fitness Testing
LC Undertake evaluation and feedback of fitness test results

Unit 3: Professional Development

LC Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway

Unit 5: Fitness Testing
Assignment 1:
Independent write up – ‘Investigating and implementing fitness testing practices’

Assessment: Unit 1 External Exam – 1.5 hrs
Unit 2 – External Assessment 2.5 hrs

RESIT OPPORTUNITY JANUARY
Assessment: Unit 1 External Exam – 1.5 hrs
Unit 2 – External Assessment 2.5 hrs

Unit 3: Professional Development – Assignment 1
Independent write up – ‘Careers in Sport’

Unit 5: Fitness Testing
LB Explore fitness tests for different components of fitness

YEAR 13

Unit 1: Anatomy & Physiology
Revision and exam preparation

Unit 2: Fitness Training and Programming
Revision and Controlled Assessment preparation.

Unit 1: Anatomy & Physiology
External Exam – May/June.

Unit 2: Fitness Training and Programming
External Exam – May/June.

Unit 3: Professional Development

LA Understand the career and job opportunities in the sports industry

Unit 3: Professional Development

LB Explore own skills using a skills audit to inform a career development action plan

Unit 5: Fitness Testing
LA Understand the principles of fitness testing

Assessment: Internally Assessed Coursework – Unit 3 & Unit 5

Assessment: FINAL SUBMISSION
Assignment 1 Internally Assessed Coursework – Unit 3

Unit 1: Anatomy & Physiology
Skeletal, Muscular Cardiovascular, Respiratory, Energy – Synoptic Links

Unit 2: Fitness Training and Programming

LD Examine training methods for different components of fitness
LE Understand training programme design

Unit 1: Anatomy & Physiology
Skeletal, Muscular Cardiovascular, Respiratory – Synoptic Links

Unit 2: Fitness Training and Programming
LC Understand programme-related nutritional needs

Unit 1: Anatomy & Physiology
Skeletal, Cardiovascular, Energy – Synoptic Links

Unit 2: Fitness Training and Programming
LA Examine lifestyle factors
LB Understand the screening processes

Assessment: Synoptic Assessment Unit1: Anatomy & Physiology

Assessment: Synoptic Assessment Unit1: Anatomy & Physiology

Assessment: Synoptic Assessment Unit 1: Anatomy & Physiology

YEAR 12

SUBJECT SKILL

Assignment writing skills
Terminology

SUBJECT SKILL

Referencing sources of information

SUBJECT SKILL

Analysis and Interpretation of Data

SUBJECT SKILL

Interview Skills & Report Writing