



KS3 LIFE SKILLS SUBJECT CURRICULUM MAP

Assessment: Write a proposal of how Ashlawn can support the LGBTQ+ community more effectively.

Assessment: Write a Mnemonic of the words JUST SAY NO.

Assessment: Read a newspaper article and answer the key points.

Assessment: Create a leaflet on how to manage your money effectively.

YEAR 10

Body Confidence

- Understand the need for having a positive self-image
- Need to work on ways to encourage a positive self-image for boys and girls

Legal and Illegal Drugs

- Know some of the risks associated with illegal drug taking
- Know some of the consequences of drug addiction

Extremism and Terrorism

- Identify a range of factors that may lead to someone being influenced by an extremist ideology.

Essential Life Skills

- Know a range of suggestions to improve personal wellbeing.
- Can explain what mental health is.

Contraception and STIs

- Understand the importance of using contraception to protect themselves
- Understand that there are choices when it comes to contraception

Sex, the Law and Consent

- Know how to understand empathy and respect the rights of others in relationships

YEAR 9

Mental Health and Wellbeing

- Know a range of suggestions to improve personal wellbeing.

Law Crime and Society

- Identify a range of factors that may lead to someone committing crimes.

Staying safe in the Community

- Know the risks young people might take in their lives and the consequences of their actions.

Celebrating Differences in the Community

- Know how to understand that prejudice and racism can exist in society.

LGBT Explored

- Know how to respect the rights of others with respect to gender and sexuality.

Assessment: Communicate the term 'CONSENT' This could be a picture, essay, leaflet, poster, poem, song or...?

Assessment: Produce a mind map of 10 different career choices and what qualifications and skills you would need.

Assessment: Write a poem to a young person struggling with their mental health

Assessment: Debate activity paired

Assessment: Design a poster for staying safe online.

Staying safe online and offline

- Know some of the risks associated with smoking, vaping and e cigarettes.
- Know some of the associated risks with carrying a knife.

Proud to be me

- Identify a range of jobs suited to individual personalities and skills.
- Identify factors that affect self-esteem.

Health and Wellbeing

- Explain what mental health is and know how to look after their own mental health

YEAR 8

Identity Relationships and Sex Education

- Know how to respect the rights of others and to celebrate the differences

Assessment: Respond to 4 letters. Teenage magazine /Agony Aunt page

Assessment: Write a Mnemonic for the world RESPECT

Assessment: Write an article for the school newsletter on what to do if you are being bullied.

Assessment: Complete a 20 mark quiz on 'what is a healthy relationship?'

Assessment: Design a school logo which represents the LGBTQ+ students at Ashlawn School

Puberty and Body Development

- Understand the need for high levels of personal hygiene.
- Understand what the differences are for boys and girls when going through puberty.

Friendships, Respect and Relationships

- Know how to respect the rights of others and to celebrate the differences

Managing Change

- Understand the importance of positive wellbeing and how to help others.
- Understand that the choices that are made in life can influence the future.

YEAR 7

Assessment: Draw an image of yourself and mind map how you can be a good citizen.

SKILL
Empathise and Reflect

SKILL
Analysis

SKILL
Evaluate

SKILL
Interpret



KS4 LIFE SKILLS CURRICULUM MAP

FURTHER STUDY

AS General Studies
AS Extended Project
Diploma in PSHE

CAREER PATHS

University, Journalism,
Writer, Education,
Marketing, Researcher,
Editorial, Publishing,
Researcher

SKILLS

Critical analysis,
interpretation, evaluation,
creative and critical
writing

Assessments:
Test - terminology of key
words

Assessments:
Budgeting exercise

Financial Literacy

- Know that their money needs to be looked after, and that there are different ways of doing this

Assessments:
Complete the table of
services

Adult Health and Looking After yourself

- Know the pros and cons of using alternative medicines and how these might benefit individuals in recovery from illness

Staying Safe/ Drugs/ Drink/ Personal Safety

- Know some of the drugs that are taken by young people and what their classification is.
- Know what the legal punishment is for dealing in them or possession

Sexual Health

- How to identify testicular and breast cancer
- Understand the need to go to a doctor if anything untoward is discovered
- Understand that a positive lifestyle links to long term good health prospects
- Understand that poor choices in life can influence the future outcomes

Assessment: Produce a fact sheet on a charity that supports deprived countries

Assessment: Write a manifesto of what you would do if you became prime minister?

Assessments: write a Mnemonic of how to stay safe at festivals.
FESTIVALS

Violence, Crime and Seeking Safety

- Know some of the risks individuals may face associated with modern slavery
- Know some of the ways individuals may be exploited in the work place since Brexit

Exploring world Issues

- Identify a range of factors that may lead to conflict developing between countries

Politics, Parliament and Me

- Know and understand the way the UK parliament is run.
- Understand the role of political parties

YEAR 11

Your future and beyond

- Know how to make the most of your abilities in a CV
- Time management, Working in a team, problem solving
- Understand that interpersonal skills are a lifelong commitment to personal development and need updating on the CV as they progress through employment over time

Assessments:
Completed CV

Assessment: Watch a film about modern slavery and write a response to how we can educate young people of the dangers.

Exploring Relationships and Sex Education

- Understand the need for good moral values be aware of what the law says with regard to receiving and sending of inappropriate images
- Understand that the possession of inappropriate images will be against the law and can incur a prison sentence

Rights and Responsibilities/ Careers

- Understand the importance of positive wellbeing is and how to help others
- Understand that the choices that are made in life can influence their future.

Exploring British Values

- Know how to respect the rights of others and to celebrate the differences
- Understand what being a British citizen means

YEAR 10

Assessment:
Produce a poster on the dangers of sexting.

Assessment:
Group presentation 'What is generation Z?'

Assessment:
Create a new image for a British Values Hand.

SKILL

Empathise and Reflect

SKILL

Analysis

SKILL

Evaluate

SKILL

Interpret