

Newsletter Issue Date: Friday 4 November 2022

Tel: 01788 573425



Email: info@ashlawn.org.uk

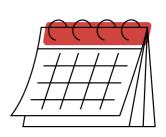
Website: www.ashlawn.org.uk

#### Message from the Principal

We have enjoyed welcoming our students back to school after half term. We hope that you had an enjoyable half term with your children and that they managed to rest. For those who celebrated Diwali, we hope that you had a wonderful celebration filled with family and friends.

We have had a definite shift to autumn this week. It is harder getting up in the morning when it is dark and cold and we have noticed more students coming in slightly later than normal. It really is important to arrive on time so that the day goes smoothly. Please encourage your children to organise themselves the night before so that it is not a mad rush to leave the house. We are also hearing from some of our students that they are awake into the early hours of the morning which inevitably means that they are not rested for the day.

Sleep is one of the most important aspects of both physical and mental health and it is important that we support our children to attain good sleep patterns. We know from speaking to our students that many of them go to bed with a device like their mobile phone. Please consider having limits on phone usage. Many parents choose to insist that phones are handed to them at bedtime, or you could consider using your family sharing controls to limit the limitations of the mobile phone between certain hours. Limiting access to social media, phone calls and the internet while allowing the alarm to work, for example, is possible. You can also allow access to different functions such as music and the ability to phone a limited set of phone numbers in case of emergency during these hours. Technology is wonderful in many ways but we also need to teach our children the downsides. Luckily that same technology allows us to have an element of control so that we can support our young people on their way to independence. And if we are honest with ourselves, we could all prioritise sleep a bit more.



**Dates for the Diary** 

#### Friday 18 November

PTA Quiz Night 7pm

#### Thursday 24 November

Sixth Form Prospective Parents Evening

#### Friday 25 November

Teacher Training Day (School closed)

#### Wednesday 30 November

Trip to SIX! The Musical

#### Siobhan Evans Principal











2940 **2875 2778 2580 2520** 



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Delilah Rishwan Olivia Rudy Harry

Ellen Braydon

Year

Email: info@ashlawn.org.uk

Website: www.ashlawn.org.uk

## **Community Award Winners**

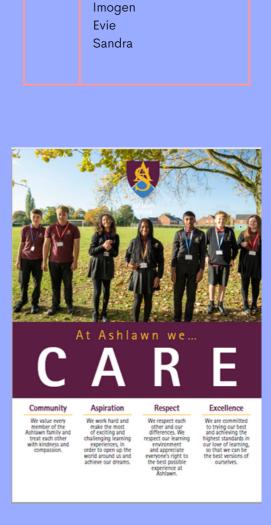


Congratulations to our Community Award Winners for Autumn Term 1. These students have been rewarded for always demonstrating the Ashlawn CARE Value of Community.

Year 13	Naomi Sophie Emma Emelia Dara Dilken Matthew Ben Katie
Year 12	Harriet Safa Edward Elliot Pranesh Laura Shannon Emily Ettie
Year 11	Farihah Jess Ava Olivia Jonathan Finley Ellie Timur

" HACKLA

Year 10	Grace Luke Gabriel Nanette Donnie Simona Beatrice Krishan Amelia Charlie
Year 9	William Chloe Joe Finnley Manav Harry
Year 8	Sienna Alisha Ben Autumn Jessica Nelly Thomas Layla Danis







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Jo Grundy Key Stage 4 Leader





Website: www.ashlawn.org.uk

Jennifer Lum **Teacher of Science** 

What is your degree in? Biological Sciences

What do you love about teaching? I love teaching science because you get to be a part of 'eureka!' moments when a student realises how something they experience everyday works.

Next term I'm excited to get some more brilliant student work up on my classroom walls!

What is your degree in? Biology of Plants and Animals

What do you love about teaching? I love sharing my passion for science, I particularly enjoy seeing those 'lightbulb' moments when a student 'gets it'! I am excited about my new role as Key Stage 4 Leader and will continue to build relationships with students, staff and parents in supporting all students to reach their maximum potential.

#### Upcoming webinar for parents - How to Help Your Child **Prepare for Exams**

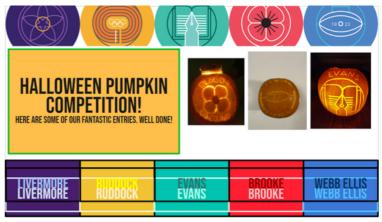
Elevate Education will be continuing their free parent support series on Tuesday 8th November at 6pm, with their webinar focusing on helping your child prepare for exams. Please feel free to sign yourself up to attend by clicking the link below.

As a reminder, Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

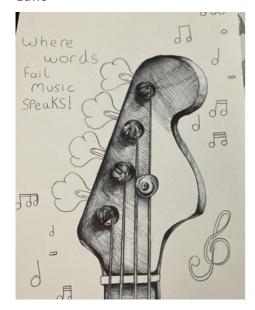
Click here to register for free

In this webinar Elevate will be showing parents how to: Create a road map to maximize success in your child's exams Structure their final week before exams Stay on track & avoid cramming or stressing the night before

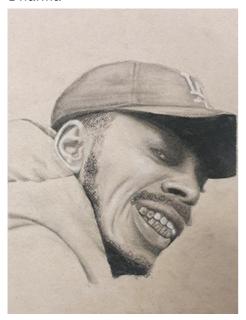




### Luke



Dharma



Thomas





Isabella



Dharma





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## ASHLAWN NEURODIVERSITY GROUP



We are a group of **neurodivergent** students and staff coming together to help Ashlawn School and its wider community to **understand and celebrate neurodiversity**.

We have lots of plans to achieve this! One of these plans is to feature regular Newsletter and social media posts spot lighting aspects of neurodiversity.

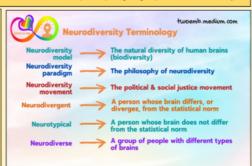
#### We wanted to start with: WHAT IS NEURODIVERSITY?

#### Neurology + diversity = neurodiversity

'Neurodiversity, simply put, is the diversity among human minds... like ethnic diversity or diversity of gender and sexual orientation' (Walker, N., & Raymaker, D. (2021). Toward a Neuroqueer Future: An Interview with Nick Walker. Autism in Adulthood, 3(1), 5-10.).

**Different** - not abnormal, not wrong, not broken, not disordered. Simply human variations in the brain and nervous system. Pathologising neurodivergence (such as autism, ADHD, PDA, dyslexia) as 'disordered' has **no** validity.

COMING SOON: WHAT IS AUTISM ... REALLY?



If you'd like to learn more we recommend: What Exactly is Neurodiversity? By *How to ADHD*:

https://www.youtube.com/watch?v=ALJ3CFRRZpc

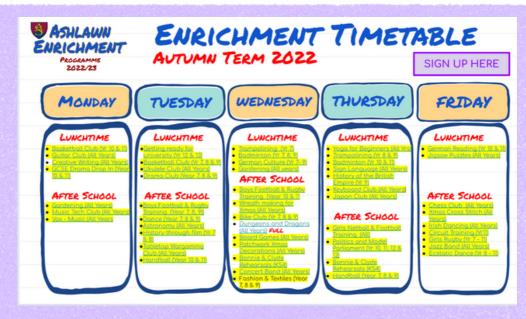
# VIRTUAL THEATRE TRIP: WAR HORSE AT THE NATIONAL THEATRE

Join us in DR1 for a free screening of The National Theatre's production of WAR HORSE.

3.20-5.45pm, Thursday 24th November.

Email garneri@ashlawn.org.uk or pop and see Mrs Garner or Mrs Ballinger to book a place. All year groups welcome.







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## Menu WEEK COMMENCING 7 11 22

	WEEK COMMENCING / II 22				
Monday	Tuesday	Wednesday	Thursday	Friday	
Chicken wings and potato wedges	Cheese burger and sweet potato fries	Crispy sweet chilli chicken with noodles	Sweet and sour chicken bites, rice and sauce	Sausage and chips	
Quorn bites and potato wedges	Quorn burger and sweet potato fries	Crispy sweet chilli quorn with noodles	Quorn sweet and sour with rice	Moving mountain (vegetarian burger) and chips	
Jacket potato and tuna	Pasta king - meat	Jacket potato and beans	Pasta king - meat	Jacket potato and cheese	
Hot Sausage Roll	Pasta king - veg	Cold cheese and tomato pasta	Pasta king - veg	Hot chicken fillets	
Ham Salad sandwich	Cheese and ham toastie	Hot and spicy chicken with mayo sandwich	Beef burger	Cheese and ham sandwich	
Cheese and pickle sandwich	Coronation chicken sandwich	Tuna and cucumber sandwich	Bacon, lettuce and tomato sandwich	Ploughmans sandwich	
	Egg and cress sandwich		Cheese and tomato sandwich		

#### **Attendance and Punctuality**

Good attendance and punctuality to school is vital if students are to succeed and reach their full potential. Every day that a student is late will impact their learning time in school.

We monitor attendance and punctuality very closely in order to ensure that ALL students arrive at school on time, ready to learn.

We expect ALL students to be in school by 8.40 am, ready to start form time at 8.45 am. If students arrive late to form time, they will be marked as late regardless of what time they were on site. If students arrive late on two occasions or more, then they will attend a same day detention for 15 minutes.

Although we want every student to achieve 100% attendance, we understand that there are times when they may not be able to come to school as they are really unwell. If this happens it is vital that you contact school via EDULINK or by phoning 01788 532831.

Please do not email individual teachers or their Head of Year.

If at any time you feel that you need support with your child's attendance or punctuality then you must talk to us.

Your child's Form Tutor and Head of Year are here to support them throughout their time in school

Minutes Late Per Day	Days of Lost Learning	
5	3.5	
10	7	
15	10.5	
20	14	
30	21	

% Attendance	Days of Lost Learning	
100	0	
95	10	
90	20	
85	30	
80	40 (8 school weeks)	



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#### Safeguarding Advice

What to do if you are worried about your, or someone else's safety.

Tell a trusted adult at school.

We are here to help, and our team of Designated Safeguarding Leads will provide support. You can also call on the following number: 01788 573425.

If you are in immediate danger then phone 101 or 999.

Here are some other ways things you can get the help you need:

- Tell a trustworthy family member or safe adult who may be able to help you
- Call Childline on 0800 1111 and talk through how you are feeling and your concerns
- Email the Designated Safeguarding Leads at school at safeguarding@ashlawn.org.uk
- Speak to Young Carers if you are looking after someone at home. Tel: 02476 217740
- Look online for support from the Family Information Service at www.warwickshire.gov.uk/childrenandfamilies
- If you feel unsafe or in danger call the council helpline on 01926 414144

If you are struggling with your mental health and want some reassurance and advice, then contact your form tutor or Head of Year. They would love to hear from you and they will help alleviate your worries.

#### Mrs Pountney

Assistant Principal and Designated Safeguarding Lead

The Family Information Service can provide a wide range of information/support/ referrals for families in Warwickshire either via our helpline or on a face to face basis.

FIS Brokerage Service is a 1:1 early intervention service which can be used to support families with children age 0 to 25 living in Warwickshire to access services where there are barriers and/or complex needs.

To access this service please contact them using the methods below:

fis@warwickshire.gov.uk

- Twitter @WarksFIS
- Facebook Warwickshire Family Information Service
- https://www.warwickshire.gov.uk/children-families

#### 01926 742 274.

The Family Intervention Service can help you with topics such as:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare
- health and wellbeing

Please don't hesitate to get in touch. They are there to help!.

Mrs Pountney Assistant Principal

#### Free Sanitary Items

Students can collect free sanitary wear at school. They are available from Reception, Student Services and the PE changing rooms. Tampons and sanitary towels are available.

#### Mrs Pountney Assistant Principal

#### Food Bank

to deliver

If you are struggling financially and would like a food parcel or food bank voucher, please contact Mrs Pountney or Mrs Lavery as we have a few food parcels left and we are happy foodbank

