



ASHLAWN SCHOOL

Newsletter Issue Date:
Friday 7 October 2022

Tel: 01788 573425



Email: info@ashlawn.org.uk

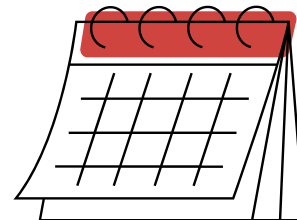
Website: www.ashlawn.org.uk

Message from the Principal

It has been an absolute delight to visit some of our enrichment sessions over the past week. I thoroughly enjoyed cheering on our boys' U16 football team when they won 3-0 against Princethorpe last night (our U11, 14 and 16 teams are unbeaten to date) and look forward to cheering on the girls when they have fixtures. They train on Thursday nights and all are welcome. I was also impressed at the diligence with which our Bicycle Maintenance Club members were approaching the repair of punctures. We have had positive feedback about the way that our clubs have been contributing to our students' confidence - there really is something for everyone - and hope that every young person at Ashlawn will take advantage of at least one club or activity as the year progresses.

I often write about taking the opportunities to join in with activities outside of the classroom because I believe so ardently that Ashlawn School should provide every opportunity possible for every student. I am sure that I am not alone in remembering the opportunities I had outside of the classroom as the best parts of my own school experience and I want the same for our students here at Ashlawn.

Siobhan Evans
Principal



Dates for the Diary

Monday 10 October

Year 13 Hall based exams start

Friday 21 October

Last day of term

Monday 24 - Friday 28 October

Half Term (School closed)



Geography Trip



The Year 13 Geographers have begun their coursework this term with two visits to explore fieldwork techniques and consider titles for their independent investigations. The first day saw them practising techniques for physical topics linked to water and carbon topics. Our second day enabled us to visit Coventry to consider the impact of regeneration in the city centre alongside investigating urban differences in quality of life. The sun shone on both days for us and hopefully has enlightened Year 13 students on the next steps in their coursework!



2640



2575



2489



2453



2379



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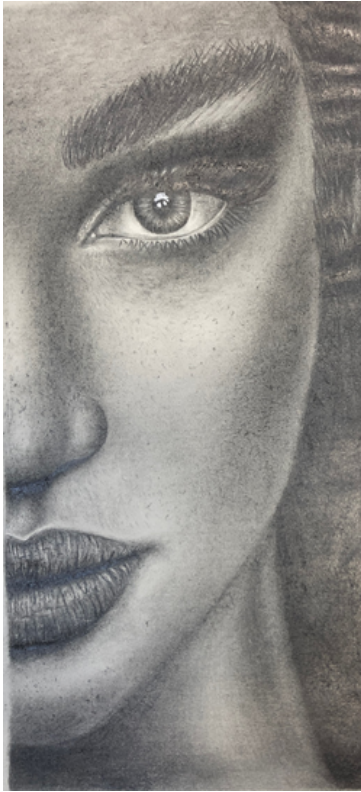
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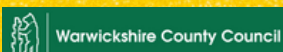
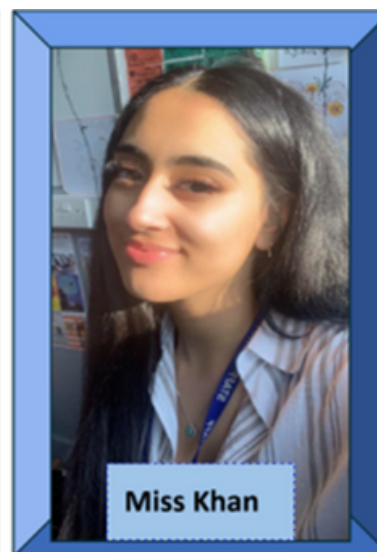
These stunning pieces have been created by Year 11 GCSE students. This is their practice Non Exam Assessment unit that ends in December and the actual Non Exam Assessment starts in January.



WELCOME



A big welcome to Miss Khan the new Head of Webb Ellis College. Miss Khan is an English Teacher and the Duke of Edinburgh verifier at Ashlawn. She can't wait to meet all the members of Webb Ellis college and win the College Cup!!!



If you are struggling financially you may be eligible for Free School Meals. Please check the website for more information and to apply:
www.warwickshire.gov.uk/freeschoolmeals



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Kooth is available to children, young people and adults aged 11-25 across Coventry and Warwickshire, providing free, safe and anonymous digital mental health and wellbeing support on Kooth.com



kooth
What's on Kooth in **October**

Monday 3rd October	Wednesday 5th October	Monday 10th October	Tuesday 11th October
Discussion Board Black History Month	Live Forum Crime Time: Respect and boundaries 7:30pm - 9pm	Discussion Board World Mental Health Day	Discussion Board National Coming Out Day
Friday 14th October	Wednesday 19th October	Monday 24th October	Tuesday 25th October
Live Forum Coming Out Day: Experiences, reflections and tips 7:30pm - 9pm	Live Forum Lets Talk About: Obsessive compulsions 7:30pm - 9pm	Live Forum Autumn Crafts: Haunted Halloween 7:30pm - 9pm	Discussion Board Halloween Craft Thread

Find support from the Kooth community by visiting kooth.com today.



Theatre Trip

Would you like to come to the Theatre?

We are running a coach trip to the Deragate, Northampton on 13 December (matinee performance) to see Jack and the Beanstalk.

if you are interested, please collect a letter from Mrs Ballinger in DR2. Only a limited number of tickets are available. All responses received by 12 noon on 14 October will be entered into a name generator to choose who attends.

Payment is not required until names have been confirmed.



Sixth Form News

This week our Year 13 leaders have re-started the **Higher Attainers mentoring programme** with Year 11 students. The Year 11 students worked in groups or one-to-one with a Sixth Form subject specialist to pick out any problems that they are having with their GCSE revision.

This week we launched the **Year 12 work experience programme**. Students were given information in an assembly and received an information pack which should answer all questions for parents. Please email Claire Cooke if you have need any further details cookec@ashlawn.org.uk.

Our **Sixth Form Open Evening** for prospective students currently studying in Year 11 will take place on Thursday 24 November from 5:30pm to 8pm. Representatives and students from subjects will be available throughout the evening to answer questions and you will be able to book a seat at one of three formal presentations after half term.



National Hate Crime Awareness Week
8th - 16th October 2022

#NATIONALHCAW
#WeStandTogether
#NoPlaceForHate
#SafePlaceForAll



The National Hate Crime Awareness week begins on Saturday and this year's focus is 'Online Hate Crime'. As a school we strive to teach our students about the importance of 'Being Kind' and this is important both face to face and virtually. We discuss the term 'Being Kind' in every aspect of school life and this is reflected in our school CARE values - RESPECT. If we are RESPECTFUL to one another then we are KIND.

We would like to ask all our parents and carers to help us to ensure all online communication is KIND and RESPECTFUL at all times. You can do this by checking your child's phone regularly - after all you probably pay the bill. Parental monitoring isn't about privacy, it's about safety.

If you notice any unkind comments then we recommend the following:

- Screenshot the message (or take a picture of the phone with the message clearly visible)
- Block the person who has sent it.
- Report it to the police if it is considered to be a HATE crime.
- If you want advice about the content that your child has received then contact the Hate Crime helpline - <https://www.stophateuk.org/report-hate-crime/>
- Notify the school you have done this and tell us what the police incident number is.

To clarify the term Online Hate Crime please read the description below:

Online Hate is posting and sharing hateful and prejudiced content against an individual, group or community. It can take the form of derogatory, demonising and dehumanising statements, threats, identity-based insults, pejorative terms and slurs. If a post is hostile towards a person's race, religion, disability, sexual orientation or gender identity, it could be viewed as Hate Speech. If it is serious enough, it may break the law, whether it is online or offline.

Online Hate can be expressed through many types of media, including text, images, videos and audio. These different types of media content are sometimes combined.

Online Hate can include Malicious Communications (sending letters, emails and messages that cause distress and anxiety), Cyberbullying, Cyberstalking, Harassment, Stirring up Hatred through Content (text, image, video, audio), Incitement to Commit Violence.

For more information about Hate Crime please click the link here: <https://www.stophateuk.org/>





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Menu WEEK COMMENCING 10 10 22



Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni cheese with bacon and garlic bread	Chicken fillets, wedges and salad	Chilli and Nachos	Sweet and sour chicken bites, rice and sauce	Sausage and chips
Macaroni cheese and garlic bread	Quorn fillets, wedges and salad	Vegetarian chilli and nachos	Quorn sweet and sour with rice	Cheese and onion pasty and chips
Jacket potato and beans	Pasta king - meat	Jacket potato and tuna	Pasta king - meat	Jacket potato and cheese
Chicken Pasta Salad	Pasta king - veg	Rollover hotdog	Pasta king - veg	Cold chicken, bacon and mayo pasta
Chicken and stuffing sandwich	Chicken curry wrap	Ham salad sandwich	Chicken burger	Hot and spicy chicken with mango sandwich
Cheese salad sandwich	Chicken, bacon and mayo sandwich	Egg and cress sandwich	Coronation chicken sandwich	Ploughmans sandwich
	Cheese and pickle sandwich		Tuna and cucumber sandwich	

Attendance and Punctuality

Good attendance and punctuality to school is vital if students are to succeed and reach their full potential. Every day that a student is late will impact their learning time in school.

We monitor attendance and punctuality very closely in order to ensure that ALL students arrive at school on time, ready to learn.

We expect ALL students to be in school by 8.40 am, ready to start form time at 8.45 am. If students arrive late to form time, they will be marked as late regardless of what time they were on site. If students arrive late on two occasions or more, then they will attend a same day detention for 15 minutes.

Although we want every student to achieve 100% attendance, we understand that there are times when they may not be able to come to school as they are really unwell. If this happens it is vital that you contact school via EDULINK or by phoning 01788 532831.

Please do not email individual teachers or their Head of Year.

If at any time you feel that you need support with your child's attendance or punctuality then you must talk to us.

Your child's Form Tutor and Head of Year are here to support them throughout their time in school.

Minutes Late Per Day	Days of Lost Learning
5	3.5
10	7
15	10.5
20	14
30	21

% Attendance	Days of Lost Learning
100	0
95	10
90	20
85	30
80	40 (8 school weeks)



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FOCUS



The World Health Organisation recognises World Mental Health Day on 10th October every year. The theme of 2022's World Mental Health Day is: 'Make mental health and well-being for all a global priority.'

Mental health problems exist in our lives, families, schools, workplaces, and communities, impacting everyone. We need to do as much as possible to prevent mental ill-health – as individuals, school and as a society.

World Mental Health Day is also a chance to talk about mental health in general, how we need to look after it, and how important it is to talk about things that are bothering us and get help if we are struggling.

According to the latest NHS figures, nearly half a million young people are being referred for mental health problems every month; unfortunately, many are not able to get the support they need. This needs to change and World Mental Health Day is an opportunity for the Ashlawn community to continue to raise awareness of mental health issues and have even more conversations with pupils, staff, and parents.

It is important that we make mental health a priority every day, not just one day of the year. We are aiming to continue encouraging open conversations about mental health with form tutors, teaching staff, Welfare & Behaviour leads, and our support staff.

We will be sharing information and resources about mental health, such as articles, websites and helplines via displays, newsletters and through conversations we have with each other. We are growing our workshops that support anxiety and self-care, encouraging positive thinking and self-compassion. We are also planning opportunities to embed mental health into the curriculum through implicit and explicit teaching of wellbeing strategies and meeting the key human needs for wellbeing within the school environment. Our young people have access to the Welfare & Behaviour leads in each year as well as the Heads of Year, and Key stages. Emotional well-being is also being supported by one-to-one and group interventions, the peer mentoring programme and access to school counselling.

We are continuing to look at how to reduce the factors known to pose a risk to people's mental health, enhancing those known to protect it and working towards creating the conditions needed for our young people to flourish. If you are worried about your mental health, or have a problem, there are people that you can talk to. You do not have to cope alone. You might want to talk to:

- A member of staff
- Parents/Carers
- Your doctor (G.P.)
- Friends
- Siblings
- Grandparents
- School Nurse
- Family members
- Seek support from organisations, apps, or podcasts

Free Resources are available:

Coventry & Warwickshire Mind – cwmind.org.uk or 02476 552 847
Rise – cwrise.com
Samaritans – samaritans.org or 116 123
Childline – childline.org.uk or 0800 11 11
Hopeline – papyrus-uk.org/hopelineuk or 0800 068 4141 or text 078 600 399 67
Shout – giveusashout.org/get-help/ or free text 85258
Dimensions – <https://dimensions.covwarkpt.nhs.uk/> (self-assessment & signposting support)
Kooth – kooth.com (free app)
Prism LGBTQ+ youth group – info@prismlgbtq.org
Calm Harm – calmharm.co.uk (free app for self-harm support)
Clear Fear – clearfear.co.uk (free app for managing anxiety)
Kidscape – kidscape.org.uk
Papyrus – papyrus-uk.org or 01925 572444
Harmless – harmless.org.uk/ (Self-harm support)



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Safeguarding Advice

What to do if you are worried about your, or someone else's safety.

Tell a trusted adult at school.

We are here to help, and our team of Designated Safeguarding Leads will provide support.
You can also call on the following number: 01788 573425.

If you are in immediate danger then phone 101 or 999.

Here are some other ways things you can get the help you need:

- Tell a trustworthy family member or safe adult who may be able to help you
- Call Childline on 0800 1111 and talk through how you are feeling and your concerns
- Email the Designated Safeguarding Leads at school at safeguarding@ashlawn.org.uk
- Speak to Young Carers if you are looking after someone at home. Tel: 02476 217740
- Look online for support from the Family Information Service at www.warwickshire.gov.uk/childrenandfamilies
- If you feel unsafe or in danger call the council helpline on 01926 414144

If you are struggling with your mental health and want some reassurance and advice, then contact your form tutor or Head of Year. They would love to hear from you and they will help alleviate your worries.

Mrs Pountney

Assistant Principal and Designated Safeguarding Lead

**Safeguarding is
Everyone's
Responsibility**

The Family Information Service can provide a wide range of information/support/ referrals for families in Warwickshire either via our helpline or on a face to face basis.

FIS Brokerage Service is a 1:1 early intervention service which can be used to support families with children age 0 to 25 living in Warwickshire to access services where there are barriers and/or complex needs.

To access this service please contact them using the methods below:

fis@warwickshire.gov.uk

- [Twitter – @WarksFIS](https://twitter.com/WarksFIS)
- [Facebook – Warwickshire Family Information Service](https://www.facebook.com/Warwickshire-Family-Information-Service/)
- <https://www.warwickshire.gov.uk/children-families>

01926 742 274.

The Family Intervention Service can help you with topics such as:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare
- health and wellbeing

Please don't hesitate to get in touch. They are there to help!

Mrs Pountney

Assistant Principal



Free Sanitary Items

Students can collect free sanitary wear at school. They are available from Reception, Student Services and the PE changing rooms. Tampons and sanitary towels are available.

Mrs Pountney

Assistant Principal

Food Bank

If you are struggling financially and would like a food parcel or food bank voucher, please contact Mrs Pountney or Mrs Lavery as we have a few food parcels left and we are happy to deliver.

