

Newsletter Issue Date: Friday 6 May 2022

Tel: 01788 573425



Email: info@ashlawn.org.uk Website: www.ashlawn.org.uk

Message from the Principal

The summer term is well underway and naturally, as it has in years before the pandemic, our focus is directed towards supporting our exam groups in the final week before they start their exams. It is natural for students to have a certain level of apprehension before formal exams but we hope that the revision opportunities and extra resources that teachers have been giving students in class are proving useful in their preparation.

We know that this year's exam groups have had heightened feelings of worry due to the fact that they have not had the normal school experience for the whole of their exam courses, but we hope that they continue to remember that exam results do not define a person and whatever happens, we will continue to be so proud of all they have achieved so far.

To support your child in preparing for their assessments and exams, please help them to prioritise revision. It doesn't matter how well something is covered in lessons, care and time still needs to be taken outside of lessons to learn and consolidate the information that they will need to do as well as they can in their exams. You may need to help them to avoid distractions and more entertaining pursuits so that they can get this done. One thing you can do is to support your child to work away from their phones. Even using a phone 'just for music' or research is a distraction. A quiet place away from distractions is what is needed. Our brains naturally want to relax and revision is hard work – this is why we have to force the brain to do this work by avoiding other more tempting distractions.

Lessons will continue right throughout the exam period and our expectation is that students will continue to attend school to benefit from the teaching and supervised revision opportunities on offer. We want to keep providing support throughout this period and we welcome students seeking us out for extra support.

Siobhan Evans

The Big Question

Thank you to the parents, students and staff who contributed to our recent survey. The feedback was overwhelmingly positive and we thank you for that. We have had, however, some really constructive comments and over the next few weeks we will be running a 'You said, we did' section in the newsletter so that you can see how we are responding to the points you have made. We love all stakeholders getting actively engaged with our school and want to keep growing and developing.

Our first 'You Said, We Did' is based on information about what your children are learning at school.

You Said

I don't always know what my child is learning at school.

We Did

We have developed subject specific learning journeys and curriculum overview documents to allow parents and carers to see what students are learning in the different subjects across the year groups.

As you can imagine, with so many subjects offered at Ashlawn this is a work in progress, but please check out subject specific curriculum information <u>HERE</u>. Almost all subjects are ready for you to view. Subjects will also be displaying the road maps in classrooms so that students can see how their current learning fits into the overall subject journey from Year 7–13.

We'd love to hear your feedback if you find this information useful.



Congratulations to this week's top scoring pupils from each college!

	Webb Ellis	Evans	Brooke	Ruddock	Livermore
Year 7	Ethan O	Aarjav J	Jacob C	Ava M	George P
Year 8	Zachary S	Lily A & Brandon Y	Amy H	Analin V	Nikilan K
Year 9	Emily W	Alec R	Louise R	Ella B	Cameron B
Year 10	William F	Joshua B	Farrell H	Theo C	India T
Year 11	Finley H	Isabella C	Megan C	Thomas R	Adam H
Year 12	Maddison P	Emma P	James B	Lilia G	Abbas J
Year 13	Harrison P	Jeevan B	Joshua H	Daisy P	Dev P



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PTA Uniform Sale

The next PTA Uniform Sale will take place Saturday 21 May at 10 am. As always your donations are greatly received.

Silly College Challenge of the Week

DONUT WITHOUT LICKING YOUR

Video proof must be submitted to the assignment on your college Google Classroom.

2 Achievement Points will be awarded per entry and winners will receive 5 Achievement Points.

Water Bottles



With the Summer months fast approaching, please can we remind you to ensure your child brings a water bottle to school with them. There are water stations in the canteen for refill if required.

Cups are provided in the medical room for taking medication only, and will no longer be provided throughout the day for non medication purposes.

HPV2 Vaccinations

The Year 9 HPV2 vaccinations will be taking place next week on Monday 9 and Tuesday 10 May.

Due to problems getting a vaccine delivery, the school nurses have decided not to vaccinate Year 10's on this occasion and will instead offer a clinic appointment.





Please take the time to read <u>Warwickshire County</u> <u>Council's May 2022</u> edition of Warwickshire SEND. This newsletter brings you news and information on special educational needs and disability (SEND) in <u>Warwickshire</u>.

Dates for the Diary

- Year 11 & 13 Year Group Photos will take place on Thursday 12 May
- Year 7 Consultation Evening, Thursday 26 May
- Half Term, 30 May 3 June
- Year 12 Exams will run from Tuesday 21 June and will finish on Wednesday 30 June.

Sporting Achievements

JUMPING FOR JOY

Thirteen students in years seven to ten competed yesterday in the Coventry, Warwickshire and Solihull school games competition. After previous success in the Rugby competition, students had the opportunity to represent both Ashlawn and Rugby at the regional competition.







Creating the year seven and eight team was Isabelle M, Luke M-G, Kiera T, Nelly G, Sophie G-L and Priti P. Students were incredibly successful, coming second in the team event and taking away three medals in the individual level 1 and 3 competitions. Congratulations to Isabelle who won Gold and Luke who won Bronze in the level 3 individual competition and Kiera who won Bronze in the level 1 individual competition.

In addition to the year, seven and eights team success, the year nine and ten team continued to contribute to Ashlawns medal tally. With the team consisting of **Fin H, Kaitlin P, Kirsty G, Beatrice B, Emi O, Lydia C and Felix K,** students took away the gold medal in the team event. Furthermore, Fin took Gold home in the level 3 individual competition and Emi took Gold away from the level 1 individual competition.

A huge congratulations to all students who competed, we hope to continue our success next year.



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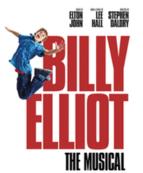


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Would you like to come to the theatre?

BILLY ELLIOT THE MUSICAL NEW UK PRODUCTION



When: Tuesday 19 July 2022 (Evening - leaving school approx 5.30 pm)

Where: A coach trip to Curve Theatre, Leicester
Who: Any student across school years can apply for a place
How: Come and collect a letter from Mrs Ballinger in Drama
Room 2 and return your reply slips back to Drama to show
interest. Letters of interest need to be returned by no later
than 12 pm on Friday 18 May.

Please note - We have a limited number of tickets so once we receive all responses, names will be put into a name generator to choose who attends. We do not require payments until the names have been drawn.

Rugby Theatre's 2022 Summer Youth Project

BACK TO THE 80'S...THE TOTALLY AWESOME MUSICAL!

Students can also email the above address for a registration form.

Auditions are on **Sunday 22 May 2022** at Rugby
Theatre, Henry Street, Rugby.

Students aged 10 to 14 year olds @ 9.30 am Students aged 15 to 21 years @ 1.00 pm

Students do not have to act on stage, we also encourage backstage work and students wishing to work in scenic, lighting, sound, makeup, wardrobe etc can attend @ 3.00 pm

Click here to access the audition poster

Click here to access the information leaflet







PLEASE CONTACT SAM ON 0790781420



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Mental Health Week

Next Week is Mental Health awareness Week and our Mental Health Lead and School Counsellor Dan Price will be leading the assemblies for all year groups. In form time students will be exploring the word 'Loneliness' and what this truly means. They will be watching some videos and exploring a range of Apps that could be beneficial to them. We have included a list of Apps recommended by the NHS in today's newsletter too.

In November 2021, the House of Commons published a report on Children and Young people's Mental Health it stated the following:

According to NHS data, the mental health of children and young people in England has worsened since 2017.



"Loneliness is the feeling we experience when there is a mismatch between the social connections we have and those that we need or want."

Even before the pandemic, children and young people were facing a mental health crisis. Although children and young people under 25 have always had to deal with personal identity issues in formative years, risks to mental health have been greatly exacerbated by heightened academic expectations and the ubiquity of social media.

Three lockdowns and the social distancing requirements of the pandemic have made the situation worse. Children and young people have struggled with the loss of normal social structures, being unable to socialise in person with peers and not being able to attend school or university. The need for teaching and assessment to take place virtually led to further stress because of the uncertainty it created about people's futures.

Research from the Centre of Mental Health shows that, in England, 1.5 million children and young people under 18 will need new or additional mental health support as a direct consequence of the coronavirus pandemic.

At Ashlawn we have, and will continue to work tirelessly to support these students in our school. We take pride in our personal development curriculum which covers 'Mental Health' issues on a weekly basis and our PSHE curriculum that teaches students the importance of the NHS and the crisis it faces today.

Our Wellbeing team, HUB support team, LDD, Pastoral team and Learning Mentors are always here to help should your child require support. Please contact your child's form tutor in the first instance.

If your child is suffering, we also recommend you take them to see your GP. We can also support you with any referrals that you wish to make. We highly recommend Kooth which we recommend as this has supported many of our students this academic year.

Id like to thank ALL of our staff for supporting mental health during the past few years. It has been incredibly difficult at times but we pride ourselves on looking after students and each other as best we can.

Lorna Pountney

Peer support groups for Warwickshire Parents/Carers of young people who self-harm You are not alone in how your feel.

Please get in touch for support.

- Bring people together who are looking after a young person who self-harms, and support each other in an informal
- feel understood and supported.
- Support parents understanding, and support their child.

Please note this group is unsuitable to

· Offer support, self-care, and signposting information

bring children to

For further details please contact us

Email: SPPARK@Kaleidoscopeplus.org.uk Call: 07970040016

Useful Apps

- Stress & Anxiety Companion Teaching breathing exercises and using music and games to calm your mind
- Thrive Tracking your mood and teaching stress and anxiety control via games
- WorryTree A place to record and manage your worries using specific
- Kooth Online emotional and mental health support.
- Student Health App Support with reducing worries, feeling more confident and getting health information as a student
- Bluelce Help with managing emotions and reducing urge to self-harm
- Chill Panda* Support with breathing techniques for relaxation and worrying
- <u>Cove*</u> Reflecting emotions by creating music
- DistrACT Information and advice for self-harm or suicidal thoughts
- MeeTwo A forum for teenagers to discuss issues they're dealing with
- My Possible Self Help with managing fear, anxiety, stress and unhelpful thinking



my possible self



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ART Of the week













Attendance & Punctuality

Good attendance and punctuality to school is vital if students are to succeed and reach their full potential. Every day that a student is late will impact their learning time in school.

We monitor attendance and punctuality very closely in order to ensure that ALL students arrive at school on time, ready to learn.

We expect ALL students to be in school by 8.40am, ready to start form time at 8.45am. If students arrive late to form time then they will be marked as late regardless of what time they were on site. If students arrive late on 2 occasions or more then they will attend a same day detention for 15 minutes.

Although we want every student to achieve 100% attendance we understand that there are times when they may not be able to come to school as they are really unwell. If this happens it is vital that you contact school via EDULINK or by phoning 01788 532831.

PLEASE DO NOT EMAIL INDIVIDUAL TEACHERS OR THEIR HEAD OF YEAR.

If at any time you feel that you need support with your child's attendance or punctuality then you must talk to us.

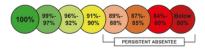
Your child's Form Tutor or Head of Year are here to support them throughout their time in school.

Minutes Late Per Day	Days of Lost Learning	
5	3.5	
10	7	
15	10.5	
20	14	
30	21	

% Attendance	Days of Lost Learning			
100	0			
95	10			
90	20			
85	30			
80	40 (8 school weeks)			

ATTENDANCE MATTERS

On Time: First Time, Every Time





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Safeguarding Advice

What to do if you are worried about your, or someone else's safety.

Tell a trusted adult at school.

We are here to help, and our team of Designated Safeguarding Leads will provide support. You can also call on the following number: 01788 573425.

If you are in immediate danger then phone 101 or 999.

Here are some other ways things you can get the help you need:

- Tell a trustworthy family member or safe adult who may be able to help you
- · Call Childline on 0800 1111 and talk through how you are feeling and your concerns
- Email the Designated Safeguarding Leads at school at safeguarding@ashlawn.org.uk
- Speak to Young Carers if you are looking after someone at home. Tel: 02476 217740
- Look online for support from the Family Information Service at www.warwickshire.gov.uk/childrenandfamilies
- . If you feel unsafe or in danger call the council helpline on 01926 414144

If you are struggling with your mental health and want some reassurance and advice, then contact your form tutor or Head of Year. They would love to hear from you and they will help alleviate your worries.

Mrs Pountney

Assistant Principal and Designated Safeguarding Lead

The Family Information Service can provide a wide range of information/support/ referrals for families in Warwickshire either via our helpline or on a face to face basis.

FIS Brokerage Service is a 1:1 early intervention service which can be used to support families with children age 0 to 25 living in Warwickshire to access services where there are barriers and/or complex needs.

To access this service please contact them using the methods below:

fis@warwickshire.gov.uk

- Twitter @WarksFIS
- · Facebook Warwickshire Family Information Service
- https://www.warwickshire.gov.uk/children-families

01926 742 274.

The Family Intervention Service can help you with topics such as:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare
- health and wellbeing

Please don't hesitate to get in touch. They are there to help!.

Mrs Pountney Assistant Principal



Students can collect free sanitary wear at school. They are available from Reception, Student Services and the PE changing rooms. Tampons and sanitary towels are available.

Mrs Pountney
Assistant Principal

Food Bank

to deliver.

If you are struggling financially and would like a food parcel or food bank voucher, please contact Mrs Pountney or Mrs Lavery as we have a few food parcels left and we are happy

