

Newsletter Issue Date: Friday 4 March 2022

Tel: 01788 573425



Email: info@ashlawn.org.uk

Website: www.ashlawn.org.uk

#### Message from the Principal

Welcome back to the start of the second half of the Spring term. Students have started positively and have received thousands of achievement points this week.

While this time of year normally brings with it the sense of hope that accompanies the end of winter and the advent of longer days, we have returned under the cloud of war in Ukraine. I want to recognise the anxieties that our students, and our wider community will be feeling in response to the ongoing news from Ukraine. I know that I am not alone in worrying for both Ukrainian people and what this war may mean for us closer to home and particularly for the young people that we care for.

Students have had the opportunity to speak to their tutors about current events this week and we have volunteered our school to act as a drop off point for donations to support those people in the Ukraine who are fleeing to safer boarders. Thank you for all of the donations that we have received so far.

The items that are most in need currently are:

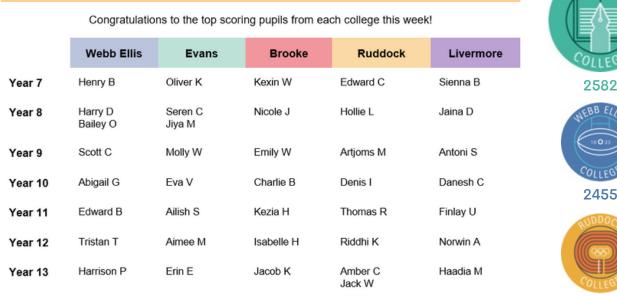
- Baby products like nappies, barrier cream, over the counter medication and ready-made formula (all unopened and in date)
- Torches and batteries
- Personal hygiene items
- Blankets

We have very generously been donated a huge amount of clothing already, therefore we can no longer accept any further clothing donations.

The Ashlawn community stood in solidarity with those who were struggling during lock down and I am so proud of the way that our community has once again, come forward to support and stand alongside those who are facing unimaginable circumstances.

#### Siobhan Evans

#### This week's house totals and top scoring pupils from each college



2516



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Your Shout Out will

appear like this...

### **Sporting News**

The PE Department would like to celebrate your commitments, effort and achievements within Sport and Physical Activity inside and outside of school. We are going to be sending out a weekly shout out. This will allow you to share what you are proud of in terms of your sporting performance, participation, team and personal achievements with the rest of the school community. We will also share news from fixtures within school and the stars of the half term within PE as nominated by your PE teachers.

We will be sharing the weekly Shout Out with you via your Enrichment Google Classrooms as well as in your weekly form bulletin and the school newsletter.

So now it is over to you.... I have added my own Shout Out to show the types of things you may want to share. We want to hear all about the amazing sports and activities, competitions and events in which you participate.

Please email your achievements to me at stanleywilliamsc@ashlawn.org.uk and I will add it to the weekly Shout Out.

We look forward to celebrating your successes.

<image>

summer holidays, as well as regain my fitness to run 10k comfortably "

#### Next Week's Rugby Fixtures

**Tuesday -**Year 7 v AVS at Ashlawn Year 8 v AVS at Ashlawn

**Wednesday -**Year 9 v AVS at Ashlawn

**Thursday -**Year 10 v AVS at Ashlawn Year 11 v AVS at AVS

#### Upcoming Football Fixtures

Wednesday 9/3/22 Y13 vs Y12

Tuesday 15/3/22 Ashlawn vs Moulton Sixth Form

Wednesday 23/3/22 Ashlawn vs Guilsborough Sixth Form



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A reminder regarding the Doubles vaccination e-consent for Year 9 and a few Year 10 students (if applicable) that the portal is due to close very shortly.

Those who have already submitted the e-consent and received a submission ID notification, do not need to submit again.

Any parents/guardians who do not submit their child's consent before the portal closes can attend a local clinic venue for the Doubles vaccination by making an appointment via the Swiftqueue link: https://www.swiftqueue.co.uk/userlogin.php

### Year 13 Prom

Year 13 Prom will take place on July 1 at Staverton Park Hotel. Please buy your tickets on ParentPay by Friday 8 April. If you have any queries please contact Mrs Underhill: underhills@ashlawn.org.uk

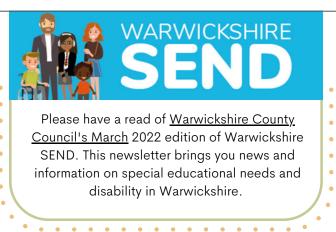


### Year 13 Leavers Hoodies

The online shop for leavers hoodies is open until Monday 07/03/22. If you would like to purchase one then please log in to the <u>School Leavers</u> <u>Company</u> website using the details below.

> Username: **SL57545** Password: **57545ash**

Hoodies are customisable with colours and names and there are also varsity style jackets available.



### Collection for Ukrainian Families

Ashlawn School is proud to be supporting local community groups organising support for displaced Ukranian families by acting as a collection point for donations. If you are able to support this important humanitarian cause, we invite you to donate the following:

- Toiletries (toothpaste, shower gels, soap etc)
- Long life/non-perishable food (soup/pasta/cereal etc)
- Blankets/Duvets
- Tents/Camping Equipment
- Disposable tableware
- Baby food/nappies/bottles
- Flashlights/Torches
- Sanitary ware
- Batteries
- Wet wipes/paper towels
- Toilet rolls

Please drop off your donations in Reception between 8am and 4pm before Wednesday 9 March.

We thank you for your support as we stand in solidarity with the people of Ukraine.

## Science Club

The code for our Science Club google classroom is:

### 2smj73y

Dates for forthcoming sessions can be found there.





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### World Book Day



"Books are the plane, the train, and the road. They are the destination, and the journey. They are home."— Anna Quindlen, How Reading Changed My Life

We would like to say a huge thank you to all students and staff at Ashlawn for their effort and support for World Book Day 2022. There were some amazing costumes and it was lovely to see so many people getting involved.

World Book Day changes lives through promoting and encouraging our young people to love books. Our mission is to promote reading for pleasure, offering every child and young person the opportunity to have a book of their own, giving them the chance to discover the many different worlds that are out there, hiding beneath the pages of the millions of books available to us all.

Have a look at some of the incredible outfits. Who is your favourite?

Our student winners are:

Year 7 - Max Allen Year 9 - Jilly Eshun Year 11 - Keziah Fraser



Miss Khan

Mr Harris

Mr Moss







# SILLY CHALLENGE

# SPANISH

Learn the lyrics or dance to a Spanish / Latin American song and record yourselves performing it.

UPLOAD ENTRIES TO THE ASSIGNMENT ON YOUR COLLEGE GOOGLE CLASSROOM



2 Achievement Points per entry. Winners will receive 5 Achievement Points



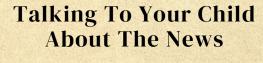
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War is difficult enough for most adults to understand, but for our students reading about Ukraine and Russia or hearing about it from their friends can be confusing and scary. It can also be a difficult conversation for parents, carers and grandparents to have as they possibly don't have all the answers.

Here are some top tips on how to talk to children about what is going on in eastern Europe:

#### 1. Be honest

Lying is counterproductive as children have to know above all else that they can trust their parents. It can be stressful for a child if you have told them one thing and they later find out that it's not true.

Teenagers are likely to know a lot already, so discussing it is important. Spend time talking to them about Ukraine because with so much social media and online presence, it is also good to talk about different perspectives and narratives too, and check for misinformation. Use facts to your advantage.

 2. Try to seem calm even if you don't feel it.
Children often look to their parents for pointers as to how they should feel. Model calmness but it's also fine to say, 'I'm a bit worried too, shall we go on a walk together?'. It's also OK not to know everything.

None of us have all the answers, so you don't need to pretend that you do. Be aware of overhearing – anyone who spends time with children knows that they are master eavesdroppers, and their young ears pick things up from the next room without even trying.

#### 3. Listen to children

If your child seems upset, don't try to distract them or 'fob' them off. Make sure you give your child a chance to express how they feel. Set a few minutes aside around an hour before bed for 'worry time' and ask them how they are feeling? If they are worried about anything then this is when they can get things off their chest before they go to sleep.



4. Don't bring it up if your child seems uninterested. Some children will be fascinated by the Ukraine conflict and will want to know more, some will be worried, but others may show no interest at all – and that's fine. It depends entirely on the child.

5. Maintaining normality helps children feel secure. Children respond to order at home, even if the outside world feels chaotic. Try to keep things as normal as possible.

6. Encourage your child to talk to an adult at school if they feel distressed.

The pastoral team and safeguarding team are here to support any child distressed by the evolving situation in Ukraine. Please feel free to contact your child's form tutor if you wish to discuss this further. In addition to this if you have family or friends that live in either of these countries then please let us know so we can offer further support.

As always...... We are here to help.





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By Zara Year 10

By Surita Year 13



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### **Careers News**

Our Year 12 students have been out on Work Experience Placements the week commencing Monday 28 February – Friday 4 March.

It has been a pleasure to see that they have enjoyed & made the most of their placements...

#### Work Experience Lilia Gibrat



"I spent 2 days down in London at the London Battersea Heliport with the firefighters because I aspire to be like them. I had the opportunity to have an insight in firefighting in aviation and aircrafts. I'm very grateful to have had this experience because of the new skills I learned, such as using the 'Cobra' which is a powerful jet which cuts through concrete structures. I also had the opportunity to learn about the different ways of putting out a fire on an aircraft. The crew were very welcoming to have me and were happy to teach me as the firefighting industry doesn't have many women."





#### Work Experience Sophie Turner

For my year 12 work experience, I managed to get a place at an international school in Brussels, Belgium in the finance department. The team that I got to work with was so friendly and helpful, I also got to work in a chateau which isn't any normal finance department's office. I have always enjoyed maths and French so thought this would be most beneficial for me, doing maths in French. I gained many skills that could help me in the future such as I learnt how they manage their budgets, how they update information, resolve problems and I sat in on meetings – all the while in French. I'm very grateful to have had this opportunity as it has opened my eyes to the world after school and how even in finance, social relations within your team are crucial.

#### Feedback from providers

She deserves great praise for being such a helpful, professional, caring and positive member of our team. I have thoroughly enjoyed having Izzie as part of our team this week. She has completely thrown herself into the experience.

Can we have her back next week? We would definitely invite him back, he has been a pleasure to have for the week

An absolute

pleasure to have asure the Both students are settling in well into their work experience week with us.



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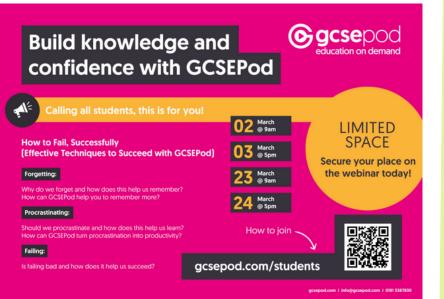
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### Year 11 Information

Year 11 assessment week begins 14/03/2022. All subjects apart from English, maths and science will be doing classroom based assessments during this time to assess progress since the Autumn term. As per the email sent before half term students will sit English, maths and science practice papers in full exam conditions in the hall. so that they can experience a full length assessment. These will be during the week beginning 21/03/2022.



Practice papers: Revision sessions should include lots of practice papers as students get closer to the exams.

Elevate Education Parent session took place on Thursday 3rd March with some very useful top revision tips and information on how you can support your child at home, in the lead up to and during the exam period. I will be putting together a comprehensive information leaflet taken from the session to put on next weeks newsletter but some of the key points were:

#### Work smart:

- Create revision timetables together but use these as a guide not as a rule. It is good to be flexible and adjust where needed
- Ensure on the timetable you mark time for hobbies, sport and the things that are enjoyed to motivate students to complete their revision tasks

Motivation: Find a goal to motivate your child, whether it is the idea of going to college/university or a family treat day. Write this down and stick it somewhere to remind them why they are working hard Deal with technology: Encourage your child to be self-regulating, put the phone aside or turn it off during revision times. This will help with focus and productivity.



### MENU w/c Monday 7 March 2022

Monday	Tuesday	Wednesday	Thursday	Friday
HMD: Spaghetti Car- bonara with Garlic Bread and Sweetcorn	HMD: Cottage Pie & Seasonal veg	HMD: Roast Pork, Vegetables, Potatoes and Stuffing	HMD: Sweet and Sour Chicken Balls with Rice	HMD: Fish, Chips and Mushy Peas
HMD: Filled Pasta, Cheese Sauce and Garlic Bread	HMD: Quorn Cottage Pie and Seasonal Veg	HMD: Quorn Roast, Vegetables, Potatoes and Stuffing	HMD: Sweet and Sour Quorn with Rice	HMD: Moving Moun- tain (vegetarian) Burger and Chips
Jacket Potato and Tuna	Hot Pasta King Meat	Jacket Potato and Cheese	Hot Pasta King Meat	Jacket Potato and Beans
Hot Cheese and Toma- to Pizza	Hot Pasta King Vegeta- ble	Small Flavoured Hot Chicken Baguette	Hot Pasta King Vege- table	Hot - Chicken Fillets
Hot Pepperoni Pizza	Hot Cheese and Bacon Toastie	CMD: BLT	Hot Rollover Hotdog	CMD: Hot and Spicy Chicken Mayo
CMD - Ham Salad	CMD: Chicken Bacon Mayo		CMD: Coronation Chicken	CMD: Ploughmans
CMD - Cheese Salad			CMD: Cheese and Pickle	



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#### Safeguarding Advice

What to do if you are worried about your, or someone else's safety.

Tell a trusted adult at school.

We are here to help, and our team of Designated Safeguarding Leads will provide support. You can also call on the following number: 01788 573425.

If you are in immediate danger then phone 101 or 999.

Here are some other ways things you can get the help you need:

- Tell a trustworthy family member or safe adult who may be able to help you
- Call Childline on 0800 1111 and talk through how you are feeling and your concerns
- Email the Designated Safeguarding Leads at school at safeguarding@ashlawn.org.uk
- Speak to Young Carers if you are looking after someone at home. Tel: 02476 217740
- Look online for support from the Family Information Service at <u>www.warwickshire.gov.uk/childrenandfamilies</u>
- If you feel unsafe or in danger call the council helpline on 01926 414144

If you are struggling with your mental health and want some reassurance and advice, then contact your form tutor or Head of Year. They would love to hear from you and they will help alleviate your worries.

#### Mrs Pountney

#### Assistant Principal and Designated Safeguarding Lead

The Family Information Service can provide a wide range of information/support/ referrals for families in Warwickshire either via our helpline or on a face to face basis.

FIS Brokerage Service is a 1:1 early intervention service which can be used to support families with children age 0 to 25 living in Warwickshire to access services where there are barriers and/or complex needs.

To access this service please contact them using the methods below:

fis@warwickshire.gov.uk

- Twitter @WarksFIS
- Facebook Warwickshire Family Information Service
- https://www.warwickshire.gov.uk/children-families

01926 742 274.

The Family Intervention Service can help you with topics such as:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare
- health and wellbeing

Please don't hesitate to get in touch. They are there to help!.

Mrs Pountney Assistant Principal

#### Free Sanitary Items

Students can collect free sanitary wear at school. They are available from Reception, Student Services and the PE changing rooms. Tampons and sanitary towels are available.

Mrs Pountney Assistant Principal

#### Food Bank

If you are struggling financially and would like a food parcel or food bank voucher, please contact Mrs Pountney or Mrs Lavery as we

left and we are happy to deliver.





have a few food parcels