

EMWH Strategy

Ashlawn School values the emotional well-being of all those working in the school. Our school vision and pledge demonstrate our focus on ensuring that all children are enabled to achieve their personal, social and academic potential. We recognise that supporting the emotional well-being and mental health of staff and children is essential to achieve this.

	Date	Data	Theme/Focus	Actions	Impact	Next Steps
Students	Sept 2024	43.2% of students have no knowledge of the Wellbeing Award. 21.3% have very little knowledge.	Objective 2 The school has a clear vision and strategy for promoting and protecting emotional wellbeing and mental health, which is communicated to all involved in the school.	<ul style="list-style-type: none"> - Ensure that students are aware of the award through assemblies. - Increase visual awareness of the award through the use of the school screens. - Ensure that information is disseminated on the website - Ensure that social media accounts are utilised for the award. 		
		53.4% of students believe their teachers do not know when they are worried or unhappy.	Objective 3 The school has a positive culture which regards EWMH as the responsibility of all.	<ul style="list-style-type: none"> - Promote and expand the "I Need to Talk" boxes and QR codes to allow for anonymous or private disclosures. - Implement staff CPD on SEMH and EWMH to enable them in identifying "hidden" signs of anxiety. - Ensure that systems in place for students raising concerns are responded to in a timely and efficient manner. 		
		49.5% of students feel that they agree - <i>I believe I can make a difference if someone else is</i>	Objective 3 The school has a positive culture which regards EWMH as the	<ul style="list-style-type: none"> - Introduce Wellbeing/Anti-bullying champions as a peer support. - Ensure that PSHE lessons are highlighting the way in which they can offer peer support. - Review assembly programme to ensure that speakers can offer strategies to support students in this area. 		

		<i>feeling worried or unhappy.</i>	responsibility of all.			
Parents	Sept 24	39.3% of parents strongly feel they have been informed about the Wellbeing Award for Schools	Objective 2 The school has a clear vision and strategy for promoting and protecting emotional wellbeing and mental health, which is communicated to all involved in the school.	<ul style="list-style-type: none"> - Share the vision of the wellbeing award through social media posts and community forum meetings. - Update parents on the award via newsletters, community forums and social media posts. - Continue to survey parents to gauge the level of awareness. 		
		17.4% of parents strongly agree that it is clear emotional wellbeing is valued and important across the school. 45.3% of parents feel comfortable discussing their child's emotional wellbeing with the school	Theme 5 Developing a culture that views mental health positively Theme 6 Encouraging people to talk about mental health issues	<ul style="list-style-type: none"> - Ensure that the Community Forum for Culture and Attitudes are fully aware of the strategy that is being implemented. - Consult the Community Forum on the development of the strategy. - Raise awareness of EWMH and it's importance through communication channels with parents/carers. - Continue to survey parents/carers to gauge confidence in this area. - Ensure parents/carers are aware of the CPD training for staff. - Completed regular posts on social media platforms around Mindful Mondays and Wake-up Wednesdays to support EWMH strategies at home. - Review impact of parent/carer voice and methods used to collate, to ensure that there is a w 		

Staff	Sept 24	Ave score of 2.7 (Red) in response to awareness of the award.	Theme 1 Providing information about the award	<ul style="list-style-type: none"> - Ensure that the award is well promoted through briefings, staff meetings and notice boards. 		
		<p>Ave score of 3.4 - The school really cares about the emotional wellbeing and mental health of everyone.</p> <p>Ave score of 3.5 - It is clear that emotional wellbeing is valued and important across the school.</p>	Theme 5 Developing a culture that views mental health positively	<ul style="list-style-type: none"> - Ensure that staff voice is sought in the develop of the Trust Wellbeing agenda. - Embed RJ and EWMH practices into the core onboarding process for all new staff. - Develop EWMH "weave" with other TLET schools to ensure culture consistency across primary-secondary transition. - Staff lead for student wellbeing champions to be established. - All LINK meetings are to have wellbeing as a standing agenda item. - Thank you Fridays to be reviewed and one briefing a month is to be a briefing of reflection over the previous month. - Email protocol to be implemented. 		
		3.4 ave score - The school offers good quality emotional support for staff's EWMH at the school.	Theme 11 The school offers good quality support for staff's emotional wellbeing and mental health			

	<p>Ave score 4.1 (Green) -I believe that increasing staff's awareness, understanding and skills in relation to emotional wellbeing and mental health is a priority for the school.</p>	<p>Theme 7 Promoting professional development and training for emotional wellbeing and mental health</p>	<ul style="list-style-type: none"> - Review the CPD programme to ensure that staff are aware of EWMH needs, identification and support tools. - Ensure that staff have clear knowledge and access to online training programme for EWMH courses with Schoot. - Roll out MHFA training provided by the Trust. 		
	<p>Ave score 3.6 (Amber) I have the knowledge and skills needed to address emotional wellbeing and mental health</p>	<p>Theme 8 Ensuring confidence and capacity among staff in addressing emotional wellbeing and mental health</p>			
	<p>Ave score 3.9 (Amber) I feel comfortable with identifying signs of emotional or mental distress in both pupils and colleagues</p>	<p>Theme 9 Identifying and acting on mental health issues</p>			